

12 POINT CHECKLIST TO REDUCE HEAT RISKS!

Use the following checklist to reduce the risks associated with working in the heat:

- 1** If possible, schedule outdoor work early in the morning or late in the afternoon or evening to avoid the hottest times of the day.
- 2** Where possible, have workers work in a shaded area. Consider installing temporary sunshade equipment, such as awnings, shade cloths, umbrellas and tents.
- 3** Allow outdoor workers to rest in a shaded area when temperatures reach an unsafe level. This will vary depending on the humidity and exposure time.
- 4** Increase the number of breaks, or allow your workers to opt for additional breaks when they feel overheated.
- 5** Provide workers with water, and encourage them to stay hydrated.
- 6** If possible, isolate the heat source, e.g. with a temporary wall, during the period that most work is being performed.
- 7** Ensure your workers are wearing appropriate clothing e.g. hats and loose-fitting, breathable, long-sleeved shirts for outdoor work. Balance this with the risk that the clothes may be caught in a nip point of equipment the worker needs to use, such as a wood chipper.
- 8** Provide workers with sunscreen and encourage them to regularly apply it.
- 9** Avoid having your workers work in direct exposure to the sun or another heat source by relocating the work where possible.
- 10** Increase ventilation using air conditioners or fans.
- 11** Direct your workers to cease work once the temperature becomes too hot.
- 12** Have an emergency plan in place if there is a significant risk of a bushfire, including providing appropriate fire-fighting equipment.



If heat could pose health & safety risks to your workers, implement controls using the hierarchy of control.

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